



**Student Health Advisory Committee (SHAC)**

**Minutes**

**November 14, 2023**

**9:30am-11:00am**

Welcome - Jan Fulbright opened the meeting and everyone introduced themselves.

In attendance were the following members: Stephanie Beams, Kristen Belshaw, Jesse Bradford, Stewart Burson, Jan Fulbright, Missy Perry, Liza Smith, Cindy Tierney, Thaila Tierney, Abel Vargas, Lendsey Ortega, Trevor Nichols, Dr. Daniel Spikes, Chief David Garza, Paula Moore and Shelly Slaton.

Previous minutes were reviewed and motion approved by Kristen Belshaw and second by Liza Smith.

**Dr. Daniel Spikes, Assistant Superintendent** - presented the new safety standards for Lufkin ISD. All exterior doors are kept locked and have specific letters and numbers so our partnering agencies can easily find the door on the site plan in the event of an emergency. Each campus administrator and police officer are required to have weekly door sweeps. Our campus officers are going beyond what the state requires and are doing daily door checks. Once a month or so the district has an intruder detection audit from the state or Region 7 and all campuses have passed with flying colors. Regarding the recently mandated school safety standards, we are required by the state to cover all windows not inside an eight foot fence, with shatter resistant film. Another state requirement is having a Knoxbox or Masterbox at each campus to keep a masterkey in the event of an emergency. This key will open every door on that campus. In addition, every campus is required to have a peace officer employed by the district. As a result of the recent legislative session, we are now mandated to send students to ACE if they are caught with a vape and/or vaping.

**David Garza, Lufkin ISD Police Chief** - The district will be hiring five additional officers. We have district radios. Every campus should have an EOP, Emergency Operations Plan in the event something should occur and action is needed. LISD Safety Director, Dr. Emmons and Chief Garza meet with each campus at least once a month to discuss safety procedures and EOP's. By law, each campus will have a push button Raptor system which will allow you to call for help. Campus and district personnel are continuing to perform monthly lockdown, shelter in place, and evacuation drills.

**Trevor Nichols, ADAC Data Coordinator** - presented a powerpoint presentation.

Region 5 is above the state average in those that identify as Black, White and American Indian. All counties in Region 5 are below the state's average of 39.77% that identify as Hispanic or Latino. Angelina County is the closest to the state average. Substance use among students in Region 5 declined from 2018 to 2022. Overdose deaths per 100K are higher in Region 5 than Texas. Fentanyl is the #1 cause of death among adults 18-45 years of age. This includes car accidents, cancer and everything else. In the year of 2022 Fentanyl overdose deaths in Texas were 4,839 which is an increase of 63.4%. Eight out of ten pills ordered online are counterfeit. Six out of ten contain a lethal dose of fentanyl. Trends over the past five years indicate that the region's unemployment rate has remained above the state's average. In 2020, the unemployment skyrocketed due to COVID. Health outcomes show how long people live and how healthy they were during their life. Health factors meaning health behaviors, clinical care, social and economical factors and physical and environmental factors. All counties in Region 5 are above the state average (13.1%) in the percentage of smokers. All counties in Region 5 are below the state average in life expectancy with Texas at 78.4%. Concerning suicide rates per county, Shelby County is the only county below the 14.2% state rate. Suicide rates for Region 5 have declined since 2018, but remain above the state rate.

**Cindy Tierney Executive Director of Student Services & Federal Programs** - New legislation House Bill 114 has mandated e-cigarettes and requires mandatory DAEP placement.

Respectfully submitted, Paula Moore